## **BULLHEAD CITY SENIOR NUTRITION CENTER**

N CENTER (928) 763-0193

**NOVEMBER 2024 MENU** 

2275 TRANE ROAD, BULLHEAD CITY, AZ

CONGREGATE LUNCH SERVED M-F 11:30 AM - 12 PM TO THOSE 60+ OR W/A DISABILITY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				Chicken Alfredo Pears Dinner Roll
4	5	6	7	8
Green Chili Cheese Tamale Fiesta Blend Spanish Rice	Cobb Salad Dressing Dinner Roll	Salisbury Steak w/Gravy Mash Potatoes Green Beans	Sweet & Sour Meatballs Buttered Pasta Carrots	Chicken Enchilada Fiesta Blend Rice
11	12	13	14	15
VETERANS DAY CLOSED	Denver Omelet Breakfast Potatoes Pork Sausage	Stuffed Cabbage Corn Cobbler	Sweet & Sour Chicken Rice Mix Veggies	Chicken Egg Rolls Rice Fiesta Blend
18	19	20	21	22
Pork Chop Mash Sweet Potatoes Green Beans	Chicken Cordon Bleu Potatoes Mix Veggies	Beef Cutlet w/Gravy Mash Potatoes Carrots	Beef Lasagna Broccoli Dinner Roll	Salisbury Steak w/Gravy Rice Pilaf Green Beans
25	26	27	28	29
Bratwurst Saurkraut Potatoes Au Gratin	Swedish Meatballs Buttered Pasta Corn	Turkey w/Gravy Mash Potatoes Stuffing	CLOSED THANKSGIVING	CLOSED THANKSGIVING
MENU	MEALS		MEAL COST PARTIALLY FUNDED	MENU
MAYBE SUBJECT TO CHANGE	PREPARED BY  WESTERN ARIZONA  REGIONAL MEDICAL CENTER  Meals Include  1% Milk &  Fruit Cup	\$3.00 PER MEAL IS THE SUGGESTED DONATION	BY:  WACOG  Western Arrora  Council of Conserments  Water Arrora  Healthcare	MAYBE SUBJECT TO CHANGE